

The Ascot Project

Improving the Quality of Life of Older People in Ascot

Another kind of Panel

December 2005

The steering group remains keen to learn from you about what is needed to improve the quality of life of older people in the Ascot area.

Rather than organise another Panel meeting, we felt that it might be more productive to arrange a special event.

This will follow the Any Questions type format with a Panel of distinguished guests.

Chaired by Adam Afriyie MP, we are expecting Jim Gould (Director of Social Services), Colin Hayton (Director, Heatherwood and Wexham Park Hospitals), Sally Kemp (Chair, Windsor, Ascot and Maidenhead PCT) and local GP Dr David Norminton.

The audience will be asked to submit questions in advance and there will be opportu-

nities for additional follow-up questions as well.

It should be a great opportunity to learn more about plans for local hospitals, GP surgeries, out of hours care, social care and any other matters that the audience chooses to address.

Expected date is Thursday 16th March at the Licensed Victuallers. For more info call 01628 820326.

Tai Chi

With the support of The Ascot Project, Tai Chi classes have started in South Ascot Church. They run from 1030-1130 on Tuesdays. For more information, please contact Margaret Simmons-Hodge on 01344 453967.

Weekly shopping trips

The first shopping trip organised by The Ascot Project took place on 7th December. These are aimed at older people who would not otherwise be able to get to the shops.

Our plans have been complicated by the fact that People to Places, our preferred

provider, has been forced to move its headquarters. As a result, they are not taking on any new business at present.

But John Amos and David Hilton have worked hard to come up with an alternative solution so that a couple of trips can

take place before Christmas.

Nearly fifty people have so far expressed an interest in the service and we have secured funds from the Ascot Fire Brigade Trust.

For more information, please call David Hilton on 01344 626784.

Golden Age III

Following the success of Golden Age II at South Ascot Church, we plan to hold Golden Age III on 23rd August 2006.

We welcome your ideas on what would make this retirement fair even bigger and better.